

# Motility Assist™

**BOTANICAL REGULARITY FORMULA WITH DIGEXIN®**  
**ENHANCES G.I. FUNCTION FOR HEALTHY ELIMINATION\***  
AVAILABLE IN 30 COUNT CAPSULES

When constipation is an ongoing issue, the root cause needs to be addressed. Many reach for magnesium, an herbal laxative or even a suppository to alleviate occasional constipation – but what keeps the problem from returning? That's where botanical regularity formula Motility Assist comes in. Because while all botanicals are natural, they don't necessarily correct the underlying cause.

Motility Assist is a botanical formula that activates peristalsis and improves transit time. It efficiently moves waste through the digestive tract, providing prompt relief from constipation. It also offers long-term root-cause support as it works in the background to heal the gut barrier and support healthy digestive function.\*

These benefits are the result of a carefully selected blend of research-backed botanicals. The hero ingredient in Motility Assist is Digexin® – a combination of ashwagandha and okra. It's backed by two double-blind, randomized, placebo-controlled human clinical trials. Other scientifically proven botanical ingredients include Triphala (an ancient and foundational Ayurvedic blend of three herbs), ginger root extract, and fennel seed extract.

Motility Assist also addresses the emotional aspects of gut health.\* It supports the critically important communication pathway between the gut and brain, increasing production of serotonin – influencing mood, sleep, and overall mental wellness.\* Nourishing the Gut-Brain axis with one capsule a day.\*

## RESTORE

**Balance and heal.** Undesirable microbes create imbalances, even disorder. The effort to restore function and harmony requires ongoing renewal – and that's where our botanicals and nutrients shine. Offering needed provisions, they allow the body to establish balance. Plants unite with the body to revive and strengthen – cultivating microbial diversity, healthy digestion, nutrient absorption, and sustained well-being.\*



## Benefits

- Helps ease constipation and optimize motility\*
- Addresses gas, bloating, and nausea associated with constipation\*
- Helps maintain regular, complete bowel movements\*
- Supports healthy GI and digestive function\*
- Soothes the gut lining\*
- Supports a healthy mood and stress response\*
- Boosts GI serotonin for optimal resilience from gut to brain\*

## Features

- Includes patented Digexin® at researched levels
- Non-laxative, non-habit forming
- Unique combination of Western and Ayurvedic botanicals
- 100% non-GMO botanical formulation
- Allergen-free with no artificial ingredients



PROFESSIONAL-GRADE  
BOTANICALS



SUPPORTS  
HEALTHY MOOD



HEALTHY  
ELIMINATION



PROMOTES  
GI HEALTH



**Biocidin  
Botanicals®**

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Learn more about product use and applications at [biocidin.com](https://biocidin.com)

# Motility Assist™

BOTANICAL REGULARITY FORMULA WITH DIGEXIN®

## Clinical Focus: Who's It For?

- Anyone with constipation seeking support for healthy regularity
- Anyone with slowed gastric emptying accompanied by constipation
- Those addressing bloating, indigestion, nausea, or gas associated with constipation
- People supporting effective daily elimination during a detoxification protocol
- Anyone addressing microbial dysbiosis in the small intestine

## Suggested Usage

Ages 4 and up, take one capsule before bed or as directed by your healthcare professional.



## Ingredient Mechanisms of Action\*

**Promotes gastrointestinal motility and improves transit time.** The combination of botanicals, including the patented blend of ashwagandha and okra in Digexin, encourage healthy function of the migrating motor complex and peristalsis for proper bowel elimination.

**Relieves constipation, gas, bloating, and nausea for digestive comfort.** Fennel, ginger and Triphala, time-tested herbs, help ease digestive upset and reduce gas and bloating.

**Supports healthy inflammatory and oxidative balance.** Ashwagandha, fennel, ginger and Triphala all support a healthy, balanced inflammatory state and reduce oxidative stress.

**Supports a healthy mood and stress response.** The ingredients in Digexin have been shown to increase GI serotonin which can act via the Gut-Brain Axis to benefit mood and promote a healthy stress response.

**Supports nutrient absorption.** By improving GI motility and digestion, the botanicals in Motility Assist can encourage optimal nutrient absorption.

## Supplement Facts

Serving Size: 1 capsule

Servings Per Container: 30

### AMOUNT PER SERVING

Digexin® (Ashwagandha root extract and okra fruit extract)	300 mg†
Triphala fruit extracts 10:1 Amla (amalaki, <i>Embllica officinalis</i> ) Bibhitaki ( <i>Terminalia bellirica</i> ) Haritaki ( <i>Terminalia chebula</i> )	70 mg†
Fennel seed extract 10:1	70 mg†
Ginger root extract 5% gingerols	60 mg†

**Other Ingredients:** Microcrystalline cellulose, hypromellose (capsule), leucine complex, silica

†Daily value not established.

This product is made without dairy, gluten, corn, soy, artificial coloring or flavoring.