

# Dementia Demystified Resources

## **NeuroQuant:**

<https://cortechs.ai/>

## **Equipment for at home sleep apnea tests:**

<http://www.marketing.patientsafetyinc.com/plans>

## **MARCoNS Testing:**

<http://www.microbiologydx.com/>

## **CNSVS neuropsychiatric battery online:**

<https://www.cnsvs.com/>

## **Coherence Sensors/Meditation Guides:**

[www.HeartMath.com](http://www.HeartMath.com)

## **Brain Training:**

[www.BrainHQ.com](http://www.BrainHQ.com)

## **MARCoNS Testing:**

<https://d1mcharlie.wixsite.com/d1mmicro>

## **HOME MOLD TESTING:**

### **Home dust testing for Mold/Mycotoxins:**

[www.Mycometrics.com](http://www.Mycometrics.com)

### **Score the Mycometrics testing for a Moldiness Index of your home.**

[www.MyHouseMakesMeSick.com](http://www.MyHouseMakesMeSick.com)

## **FIND A FUNCTIONAL MEDICINE PRACTITIONER:**

<https://www.ifm.org/find-a-practitioner/>

Look for an IFM Certified Practitioner (IFMCP) that has experience working with cognitive decline.

## **BOTANICALS AND BORRELIA STUDIES:**

### **Biocidin:**

<https://www.oatext.com/effective-killing-of-borrelia-burgdorferi-in-vitro-with-novel-herbal-compounds.php>

### **Cryptolepis:**

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7050641/>

## SUGGESTED THERAPIES:

(For usage guidance on Biocidin and associated products please contact [care@biocidin.com](mailto:care@biocidin.com))

### MARCoNS:

Biocidin LSF and Lactobalillus sakei (nasobiotex) in a nasal spray

### Mold/Lyme/Tick Borne illness:

Biocidin LSF Olivirex (antimicrobial and immune support)

GI Detox (binder)

**Oral Health:** Dentalcidin and Dentalcidin LS

## STUDY PAPER:

Precision Medicine Approach to Alzheimer's Disease:  
Successful Proof-of-Concept Trial

<https://www.medrxiv.org/content/10.1101/2021.05.10.21256982v1.full-text>

## KAT TOUPS SOCIAL MEDIA AND CONTACT:

### Website:

<http://www.dementiademystified.com/>

### Facebook:

<https://www.facebook.com/BayAreaWellness.net/>

### LinkedIn:

<https://www.linkedin.com/in/kattoupsmd>

### Youtube:

<http://youtube.com/KatToupsMD>

### Email:

[info@BayAreaWellness.net](mailto:info@BayAreaWellness.net)