



Clinical Pearls from the Frontlines: Addressing Mold Illness in the Complex Patient

Dr. Bruce Hoffman

[Chronic Inflammatory Response Syndrome \(CIRS\) Evaluation and Treatment](#)

[A Discussion About Mold and Mold Exposure with Dr. Bruce Hoffman](#)

[Mold Remediation: How to Identify and Remove Mold from Your Home](#)

[Steps of the Shoemaker Protocol](#)

[Frequently Asked Mold Questions](#)

[Toxic Mold Illness: Is Your Home Causing Your Mysterious Symptoms?](#)

[Evidence-Based Medicine in the World of Mold Illness](#)

Biocidin® Products

Bioclear™ Cleansing Program or Comprehensive Cleansing Program™

- First 2 months | **Biocidin®** liquid to address the gut
- Then 4 months | **Biocidin®LSF** for systemic support
 - **G.I. Detox™+**
 - **Proflora®4R**
 - **Olivirex®**
 - **Biotonic™**

Nasal Applications to target MARCoNS:

Neti Pot

1-2 pumps of **Biocidin®LSF** (ideal) or 5-10 drops of **Biocidin®** liquid or in a neti pot solution. Use several times daily until improvement is seen.

Saline Nasal Bottle | choose a brand with a removable top

1-2 pumps of **Biocidin® LSF** (ideal) or 5-10 drops of **Biocidin®** liquid or in the bottle of prepared saline solution (1oz) | 3-4x/ day for 6 weeks until improvement is seen. Discard bottle upon completion of protocol.

Nebulizer | with mask or nasal cannula attachment

Add 5-10 drops of **Biocidin®** liquid to the prepared solution to the fill line (depending on manufacturer). Use 1-3x/ day until symptoms resolve or up to 4-6 weeks if a chronic case.

Please note: The **Biocidin®** solutions in all of the Nasal Applications listed here can be applied topically in the nose several times per day.

