

# Product Usage Guide

This information will assist you in guiding your patients in using Biocidin Botanicals™ products.

Choose your Biocidin® formulation based on therapeutic target:

**Biocidin® Liquid** – directed at the GI tract, including oral cavity

**Biocidin® Capsules** – directed at the GI tract, bypasses the mouth

**Biocidin® LSF** – liposomal formula for a more systemic approach



## ADULT USAGE

This chart reflects maximum serving size. Remember to have your patients titrate up per the Titration Instructions that follow for Biocidin® Liquid, Biocidin® Capsules, Biocidin® LSF, and Olivirex®.

Product	Upon Waking	AM on an empty stomach, prior to meals	PM on an empty stomach, prior to meals	At least 1-2hrs away from medications and/or supplements	Bedtime
<b>REMOVE</b>					
Biocidin® Liquid		15 drops	15 drops		
Biocidin® Capsules		3 capsules	3 capsules		
Biocidin® LSF		3 pumps	3 pumps		
<b>BIND</b>					
G.I. Detox™+*				2 capsules	
<b>RESTORE</b>					
Biotonic™		20 drops	20 drops		
Proflora™4R		1 capsule any time			
<b>DEFEND</b>					
Biocidin® TS Throat Spray		3 sprays	3 sprays		
Olivirex®		3 capsules	3 capsules		
<b>SMILE</b>					
Dentalcidin® Toothpaste	1/2-inch ribbon				1/2-inch ribbon
Dentalcidin® LS Oral Rinse	2 pumps				2 pumps

\***G.I. Detox™+:** Take at bedtime or on an empty stomach between meals, 1-2 hrs away from food, supplements, and medication. Capsules may be emptied into juice or water if needed. When using any Biocidin® product or Olivirex®, remember to include G.I. Detox™+ (binder) to assist in die-off symptoms.



Printed on 100% recycled paper

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

# Product Usage Guide

## ADULT TITRATION INSTRUCTIONS

**Nursing Mothers:** Breastfeeding mothers are encouraged to start with the smallest serving size possible for 3-5 days until tolerance is confirmed by mom and baby. Once tolerance has been established, titrate per the instructions below.

**Biocidin® Liquid:** Begin with 1 drop of Biocidin® twice daily and gradually increase up to 15 drops twice a day. Best if taken on an empty stomach (at least 20 minutes before or 2 hours after a meal).

**Biocidin® Capsules:** It is ideal to titrate up to 5 drops of Biocidin® Liquid before switching to capsules. One capsule = 5 drops of Biocidin® Liquid. Take one capsule daily and gradually increase to 3 capsules twice daily. Best if taken on an empty stomach (at least 20 minutes before or 2 hours after a meal).

**Biocidin® LSF:** Start with 1 pump per day and gradually increase up to 3 pumps twice daily. Hold under tongue for 30 seconds before swallowing. May be added to water. Best if taken on an empty stomach (at least 20 minutes before or 2 hours after a meal). One pump of Biocidin® LSF = 5 drops of Biocidin Liquid. For sensitive patients, mix 1 pump with 4 oz of water. Hold 2 oz in the mouth for 60 seconds and swallow. Cover and refrigerate the remainder of the solution. Consume the remaining 2 oz the following day. Increase as tolerated.

**Olivirex®:** Take 1 capsule daily and gradually increase up to 3 capsules twice daily. Best if taken on an empty stomach (at least 20 minutes before or 2 hours after a meal). Can be taken with Biocidin®. If digestive upset is experienced, take with food.

## ADULT MAINTENANCE

Product	Maintenance for Adult Patients: For long-term daily support after all symptoms have resolved.
<b>REMOVE</b>	
Biocidin® Liquid	5 drops daily
Biocidin® Capsules	1 capsule daily
Biocidin® LSF	1 pump daily
<b>BIND</b>	
G.I. Detox™+*	1-2 capsules as needed
<b>RESTORE</b>	
Biotonic™	20 drops daily
Proflora™4R	1 capsule daily
<b>DEFEND</b>	
Biocidin® TS Throat Spray	3 sprays 1-3x daily
Olivirex®	1 capsule daily
<b>SMILE</b>	
Dentalcidin® Toothpaste	1-2x daily
Dentalcidin® LS Oral Rinse	1-2x daily



These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

# Product Usage Guide

## PEDIATRIC USAGE

This chart reflects maximum serving size. Remember to have your patients titrate up per the Titration Instructions that follow for Biocidin® Liquid, Biocidin® Capsules, Biocidin® LSF, and Olivirex®.

Product	Maintenance for Adult Patients: For long-term daily support after all symptoms have resolved.
<b>REMOVE</b>	
Biocidin® Liquid	1 drop per <b>10 lbs of body weight</b> 2x daily
Biocidin® LSF	<b>Under 50lbs</b> , dilute 1 pump into 5 oz of water and sip throughout the day. <b>Children 50lbs+</b> , 1 pump 2x daily, plus an additional pump for each <b>25 lbs</b> .
<b>BIND</b>	
G.I. Detox™+*	<b>Ages 2+:</b> 1-2 capsules daily as needed.
<b>RESTORE</b>	
Biotonic™	<b>Ages 7-12:</b> 10 drops 2x daily   <b>Ages 12+:</b> 20 drops 2x daily
Proflora™ 4R	<b>Ages 2-7:</b> 0.5-1 capsule daily   <b>Age 7+:</b> 1 capsule daily
<b>DEFEND</b>	
Biocidin® TS Throat Spray	<b>Ages 2+:</b> 1 spray 1-3x daily
Olivirex®	<b>Ages 7-12:</b> 1-2 capsules daily   <b>Ages 12+:</b> Adult serving as tolerated.
<b>SMILE</b>	
Dentalcidin® Toothpaste	1-2x daily
Dentalcidin® LS Oral Rinse	2 pumps 1-2x daily

When titrated products are added, it is recommended to include G.I. Detox™+ (binder) to assist in die-off symptoms.

## PEDIATRIC TITRATION INSTRUCTIONS

**Biocidin® Liquid:** Begin with 1 drop of Biocidin® twice daily and gradually increase to 1 drop per 10 lbs of body weight twice daily. Best if taken on an empty stomach (at least 20 minutes before or 2 hours after a meal).

**Biocidin® LSF:** Dilute 1 pump into 5 oz of water and sip throughout the day. Increase as tolerated. Best if taken on an empty stomach (at least 20 minutes before or 2 hours after a meal). One pump of Biocidin® LSF = 5 drops of Biocidin® Liquid.

**Olivirex®:** For children under 12, start with 1 capsule daily and add a second capsule as tolerated. Best if taken on an empty stomach (at least 20 minutes before or 2 hours after a meal). Can be taken with Biocidin®. If digestive upset is experienced, take with food.



These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.